



17555 PEAK AVENUE MORGAN HILL CALIFORNIA 95037

**Draft**  
**SENIOR ADVISORY COMMITTEE**  
After Action  
REGULAR MEETING

APRIL 2, 2001

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**Morgan Hill Civic Center**

Council Chambers  
17555 Peak Ave.

**Senior Advisory Committee**

Chair	Marilyn Gadway
Vice-Chair	William Keig
Committee Member	Doris Bateman
Committee Member	Joan Harkness
Committee Member	La Gina Metcalf
Committee Member	John Bautista
Committee Member	Kenneth Mort

Parks & Recreation Commissioner Craig van Keulen

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**1:00 P.M.**

**CALL TO ORDER**

The meeting was called to order by Chair Gadway at 1:02 p.m.

**ROLL CALL ATTENDANCE**

All Committee Members Present

**DECLARATION OF POSTING OF AGENDA**

Per Government Code 54954.2

**PLEDGE**

Led by Committee Member Bautista

**OPPORTUNITY FOR PUBLIC COMMENT**

A member of the public stated the kitchen for the Senior Nutrition Program should be large enough to accommodate the lunch program and contribute to other senior programming no matter which site was selected.

## **VERBAL REPORTS**

### **YMCA SENIOR PROGRAM MONTHLY UPDATE**

YMCA Senior Program Staff

Teri Nelson, Executive Director, reported on the Senior Community Support Campaign. The Campaign raised \$100,000 in financial aid and scholarships for YMCA programs. Ms. Nelson also reported on the programs and activities that took place at the Senior Center during the month of March. She also announced that Michelle Ashen is returning to the Senior Center in May to conduct financial workshops on medicare, taxes and estate planning. Ms. Nelson reported the church which rents the Friendly Inn for its Sunday services, used the facility on Easter Sunday and did not clean up after the service or Easter activities. She stated she was sure this was a one-time incident and wanted to emphasize the YMCA was not responsible for the mess found by seniors on Monday April 1, 2002.

### **PARKS AND RECREATION COMMISSION MEETING**

Recreation Manager Spier

The Parks and Recreation Commission (PRC) reviewed the Senior Advisory Committee's comments on the potential sites for the Senior Nutrition Program during their March meeting. The PRC selected 2 of the 4 prospective sites for the Nutrition Program. These were the Friendly Inn and the future Indoor Community Recreation Center. The PRC rejected the former St. Catherine's Parish Hall and the Grange as potential sites. The Parks and Recreation Commission has asked that the Senior Advisory Committee make a recommendation as to which site of the 2 remaining sites should be the site of the Senior Nutrition Program. The PRC will vote to recommend the Senior Advisory Committee's preferred site to the City Council at the April 16, 2002 PRC meeting.

### **COA ADVISORY COMMISSION**

Representative Tougas

Mr. Tougas reported on the Council on Aging and the Caregiver Program. He stated that a family member who is a caregiver to another family member may be eligible to receive an hourly wage and health insurance. The In Home Health Support Program pays caregivers \$9 to \$10 an hour up to 34 hours a week to provide in home health care services. A caregiver may also be eligible to receive health insurance if he/she provides caregiver services for at least 35 hours a month. To be considered for the program, call the Council on Aging to arrange an appointment with a case worker.

Mr. Tougas reported on the grant program administered by the Health Trust. The Health Trust has entered into a partnership with the Council on Aging to provide better access to grants in the healthcare field. One of the grants will provide seniors with ramps and grab bars in their homes. A contractor will install the grab bars and ramps for qualified seniors. Mr. Tougas mentioned the Community Action Group had attempted to initiate a similar program in South County and the idea is now a reality.

### **CAG MEETING REVIEW**

Commissioner Bautista

The Community Action Group (CAG) is now providing information specifically for seniors in the Manzanita Room at the Friendly Inn. The information includes flyers on senior discounts, the AARP, travel opportunities for seniors, the Senior Registry, legislation concerning senior issues, want-ads, and senior services.

### **CONSENT CALENDAR**

#### **1. APPROVAL OF MEETING MINUTES OF MARCH 14, 2002**

Motion made by Committee Member Bautista, seconded by Committee Member Metcalf, approved 7:0.

## BUSINESS

### 2. SENIOR NUTRITION PROGRAM

**Recommended Action: Report** on Senior Nutrition Program site(s) selected by Parks and Recreation Commission - advantages and disadvantages of each site as well as proposed budget amount for construction or renovation.

Recreation Manager Spier showed the Senior Advisory Committee a conceptual drawing of the future Indoor Community Recreation Center. The Center and the surrounding area cover an 8 ½ acre parcel of land. The Center will feature a senior wing, a youth wing, a double court gym and an indoor pool. The Redevelopment Agency allocated \$20.7 million for all the components of the Center. The planned senior wing is 2840 square feet. This area will be used to house a game room, offices for volunteers, reception area and multipurpose space for senior services such as outreach and escort, CAG, and a HiCAP office. The current space at the Friendly Inn is 3200 square feet which includes the kitchen and dining area, which also serves as the program area. Ms. Spier stated that approximately \$1.7 million of the \$20.7 million would be used to build the senior wing at the Indoor Community Recreation Center. This would include 600 square foot kitchen and a 2200 square foot multipurpose area for dining, offices and programming. Ms. Spier stated funding to renovate and/or expand the Friendly Inn would be transferred from funds already allocated to build the senior wing at the Indoor Community Recreation Center. Committee Member Mort stated the original estimate to renovate the Friendly Inn seemed low (\$100,000) and asked if the cost to renovate the Friendly Inn had been researched. Ms. Spier responded the City Council would have to direct staff to conduct any research, therefore, no in-depth research had been done. Mr. Mort then asked if the Senior Nutrition Program stayed at the Friendly Inn, would all funding allocated to build the senior wing at the Indoor Community Recreation Center be transferred to the Friendly Inn. Ms. Spier responded that not all the funds would be transferred to the Friendly Inn renovation/expansion. A percentage of the funds would be used for senior program space at the Indoor Community Recreation Center. Ms. Spier stated that if it is the consensus of the Senior Advisory Committee to have senior programs at the Indoor Community Recreation Center and the Nutrition Program at the Friendly Inn, staff could do some preliminary research on the cost to renovate the Friendly Inn. Committee Member Harkness asked if the Friendly Inn would have any social services for the senior community or would all services and programs be at the Indoor Community Recreation Center. Ms. Spier indicated that both sites would have senior programming dependent upon the needs of the constituency at each individual site.

Committee Member Bautista stated Nutrition Program participants at the Friendly Inn site, shared their concerns over moving to a new site. He indicated they would like to stay at the current site due to its location and easy parking. Teri Nelson stated she tried to conduct a survey of the seniors at the Friendly Inn but many were confused about the future of the program and the options for the site. She suggested representatives from the City conduct a presentation at the Senior Center during the noon hour.

Chair Gadway stated she felt if the Senior Nutrition Program is located at the Indoor Community Recreation Center, the issue of a joint-use kitchen needed to be explored and researched. Committee Member Mort stated that he felt the Friendly Inn would be the best site for the Nutrition Program. His reasons included more space would be dedicated solely to seniors, the renovation of the Friendly Inn would be economically more desirable than new construction, and the seniors who participate in the Nutrition Program are getting their needs met at the current site. Committee Member Keig stated he felt the Indoor Community Recreation Center would offer seniors an opportunity to do other things besides

eat lunch and the site would also benefit both seniors and youth through programming opportunities that would enable them to build inter-generational relationships.

Several members of the Senior Advisory Committee stated they felt unready to make a recommendation to the PRC on a preferred site. Chair Gadway stated she felt the PRC might make a decision without any input from the Senior Advisory Committee. She stressed the importance of making a recommendation before the end of the meeting. The other Senior Advisory Committee members agreed. The Senior Advisory Committee voted to approve the following:

The Senior Advisory Committee recommends to the Parks and Recreation Commission that funding be allocated to renovate and improve the existing site of the Senior Nutrition Program (Friendly Inn) in order to meet the present and future needs of the Senior Nutrition Program in Morgan Hill. The Committee also recommends an architect be hired to research to actual cost of the renovation and expansion.

Motion Approved 6-1 (Committee Member Harkness dissenting). Motion made by Committee Member Bautista and seconded by Member Keig.

Chair Gadway stated she would still like city staff to conduct the presentation at the Friendly Inn on the pro's and con's of the 2 sites. Teri Nelson responded she would make arrangements for the presentation and conduct a survey after the presentation.

### **3. SENIOR NUTRITION PROGRAM**

**Recommended Action: Discuss** survey conducted by YMCA of Senior Nutrition Program participants on their preference for Nutrition Program site alternatives.

Teri Nelson reported she was unable to conduct the survey because the Nutrition Program participants did not have sufficient knowledge about either of the sites.

### **4. DISASTER AND EMERGENCY PREPAREDNESS TRAINING**

**Recommended Action: Information Only.** Hand out flyer on prospective training in disaster preparedness and emergency response for seniors.

Staff Balagso distributed a flyer describing the City of Morgan Hill's training for seniors in disaster response and emergency preparedness. The training can be held in a senior community or at the Senior Center. Vice-Chair Keig volunteered to offer the training at his residential community. Staff Balagso will follow-up with Vice-Chair Keig to plan and coordinate the training.

### **5. CALIFORNIA SENIOR LEGISLATURE - SANTA CLARA COUNTY NEWS**

**Recommended Action: Information Only.** Hand out monthly legislative update from California Senior Legislature.

Staff Balagso provided the Senior Legislature Newsletter in the Senior Advisory Committees' agenda packets.

### **ANNOUNCEMENTS**

The field trip to the Senior Nutrition Program at the Evergreen Community Center in San Jose will be on Tuesday, April 23, 2002. Senior Advisory Committee members who are able to attend will meet in front of City Hall at 9:30 a.m.

Two copies of the Council on Aging's Senior Services Directory were available at the meeting along with an order form. The Directory costs \$5.00 per copy.

**REQUESTS FOR FUTURE ITEMS**

NONE

**ADJOURNMENT** to the next monthly meeting scheduled on **May 7, 2002 at 2:00 p.m.** in City Council Chambers.

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